



THE CHILDREN'S
WORKSHOP

Food Services MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	4 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	5 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	6 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	7 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk
10 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	11 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	12 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	13 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	14 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk
17 Closed	18 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	19 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	20 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	21 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk
24 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	25 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	26 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	27 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	28 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk

* All Grains are Whole Grain enriched.
 * All portions are based on age levels governed by the RI Food Program's values. More food may always be served.
 * All portion sizes are the minimum required.

BLUE = Breakfast
RED = Lunch
GREEN = Snack

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