



THE CHILDREN'S
WORKSHOP

Food Services MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Formula or Breastmilk, 3 Infant Oatmeal, Apple, Straw., & Banana Blend</p> <p>Formula or Breastmilk, Infant Rice Cereal, Sweet Potatoes</p> <p>Formula or Breastmilk, Cheerios, Apples</p>	<p>Formula or Breastmilk, Cheerios, Banana</p> <p>Formula or Breastmilk, Infant Oatmeal, Green Beans</p> <p>Formula or Breastmilk, Ritz & Cheese Sticks</p>	<p>Formula or Breastmilk, Infant Oatmeal, Apple, Straw., & Banana Blend</p> <p>Formula or Breastmilk, Infant Rice Cereal, Carrots</p> <p>Formula or Breastmilk, Mandarin Oranges & Cheerios</p>	<p>Formula or Breastmilk, Cheerios, Bananas</p> <p>Formula or Breastmilk, Infant Oatmeal, Apples</p> <p>Formula or Breastmilk, Ritz & Cheese Sticks</p>	<p>Formula or Breastmilk, 7 Infant Oatmeal, Apple, Straw., & Banana Blend</p> <p>Formula or Breastmilk, Infant Rice Cereal, Sweet Potatoes</p> <p>Formula or Breastmilk, Cheerios, Apples</p>
<p>Formula or Breastmilk, 10 Infant Oatmeal, Apple, Straw., & Banana Blend</p> <p>Formula or Breastmilk, Infant Rice Cereal, Sweet Potatoes</p> <p>Formula or Breastmilk, Cheerios, Apples</p>	<p>Formula or Breastmilk, Cheerios, Banana</p> <p>Formula or Breastmilk, Infant Oatmeal, Green Beans</p> <p>Formula or Breastmilk, Ritz & Cheese Sticks</p>	<p>Formula or Breastmilk, Infant Oatmeal, Apple, Straw., & Banana Blend</p> <p>Formula or Breastmilk, Infant Rice Cereal, Carrots</p> <p>Formula or Breastmilk, Mandarin Oranges & Cheerios</p>	<p>Formula or Breastmilk, Cheerios, Bananas</p> <p>Formula or Breastmilk, Infant Oatmeal, Apples</p> <p>Formula or Breastmilk, Ritz & Cheese Sticks</p>	<p>Formula or Breastmilk, 14 Infant Oatmeal, Apple, Straw., & Banana Blend</p> <p>Formula or Breastmilk, Infant Rice Cereal, Sweet Potatoes</p> <p>Formula or Breastmilk, Cheerios, Apples</p>
<p>17</p> <p>Closed</p>	<p>18</p> <p>Formula or Breastmilk, Cheerios, Banana</p> <p>Formula or Breastmilk, Infant Oatmeal, Green Beans</p> <p>Formula or Breastmilk, Ritz & Cheese Sticks</p>	<p>19</p> <p>Formula or Breastmilk, Infant Oatmeal, Apple, Straw., & Banana Blend</p> <p>Formula or Breastmilk, Infant Rice Cereal, Carrots</p> <p>Formula or Breastmilk, Mandarin Oranges & Cheerios</p>	<p>20</p> <p>Formula or Breastmilk, Cheerios, Bananas</p> <p>Formula or Breastmilk, Infant Oatmeal, Apples</p> <p>Formula or Breastmilk, Ritz & Cheese Sticks</p>	<p>21</p> <p>Formula or Breastmilk, Infant Oatmeal, Apple, Straw., & Banana Blend</p> <p>Formula or Breastmilk, Infant Rice Cereal, Sweet Potatoes</p> <p>Formula or Breastmilk, Cheerios, Apples</p>
<p>24</p> <p>Formula or Breastmilk, Infant Oatmeal, Apple, Straw., & Banana Blend</p> <p>Formula or Breastmilk, Infant Rice Cereal, Sweet Potatoes</p> <p>Formula or Breastmilk, Cheerios, Apples</p>	<p>25</p> <p>Formula or Breastmilk, Cheerios, Banana</p> <p>Formula or Breastmilk, Infant Oatmeal, Green Beans</p> <p>Formula or Breastmilk, Ritz & Cheese Sticks</p>	<p>26</p> <p>Formula or Breastmilk, Infant Oatmeal, Apple, Straw., & Banana Blend</p> <p>Formula or Breastmilk, Infant Rice Cereal, Carrots</p> <p>Formula or Breastmilk, Mandarin Oranges & Cheerios</p>	<p>27</p> <p>Formula or Breastmilk, Cheerios, Bananas</p> <p>Formula or Breastmilk, Infant Oatmeal, Apples</p> <p>Formula or Breastmilk, Ritz & Cheese Sticks</p>	<p>28</p> <p>Formula or Breastmilk, Infant Oatmeal, Apple, Straw., & Banana Blend</p> <p>Formula or Breastmilk, Infant Rice Cereal, Sweet Potatoes</p> <p>Formula or Breastmilk, Cheerios, Apples</p>

* All Grains are Whole Grain enriched.
 * All portions are based on age levels governed by the RI Food Program's values. More food may always be served.
 * All portion sizes are the minimum required.

BLUE = Breakfast
RED = Lunch
GREEN = Snack

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February 2025
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