

Food Services MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Rice Krispies, Apples, Milk Chicken Nuggets, Wheat Bread, Peas, Honeydew, Milk Oranges, Goldfish	4 Closed	5 French Toast Sticks, Oranges, Milk Cheese Ravioli w/ Sauce, Green Beans, Pineapple, Milk Yogurt Cups, Graham Crackers	6 Cheerios, Bananas, Milk Beef Nacho's, Lettuce & Tomatoes, Chips or Tortillas, Cantaloupe, Milk Pears, Cheese Sticks	7 English Muffins, Oranges, Milk Ham Sandwiches, Carrots w/ Ranch, Blueberries, Milk Watermelon, Ritz Crackers
10 Rice Krispies, Apples, Milk Meatball Subs, Peas, Honeydew, Milk Oranges, Goldfish	11 Blueberry Muffins, Bananas, Milk Italian Grinders, Pasta Salad, Strawberries, Milk Pears, Cheese Sticks	12 French Toast Sticks, Oranges, Milk Chicken Tenders, Carrots, Oatmeal Bread, Pineapple, Milk Yogurt Cups, Graham Crackers	13 Cheerios, Bananas, Milk Shepard's Pie, Dinner Rolls, Cantaloupe, Milk Pears, Cheese Sticks	14 English Muffins, Oranges, Milk Cheese Pizza, Garden Salad, Blueberries, Milk Watermelon, Ritz Crackers
17 Rice Krispies, Apples, Milk Beef Chili, Dinner Rolls, Honeydew, Milk Oranges, Goldfish	18 Corn Muffins, Bananas, Milk Chicken Patties, Green Beans, Hamburger Rolls, Strawberries, Milk Pears, Cheese Sticks	19 French Toast Sticks, Oranges, Milk Mac & Cheese, Broccoli, Pineapple, Milk Yogurt Cups, Graham Crackers	20 Cheerios, Bananas, Milk Beef Hot Dogs, Potato Salad, Cantaloupe, Milk Pears, Cheese Sticks	21 English Muffins, Oranges, Milk Turkey Sandwiches, Celery Sticks, Wheat Bread, Blueberries, Milk Watermelon, Ritz Crackers
24 Rice Krispies, Apples, Milk Chicken Nuggets, Green Beans, Wheat Bread, Honeydew, Milk Oranges, Goldfish	25 Blueberry Muffins, Bananas, Milk Cheeseburgers, Pasta Salad, Strawberries, Milk Pears, Cheese Sticks	26 French Toast Sticks, Oranges, Milk Ham Sandwiches, Carrots w/ Ranch, Pineapple, Milk Yogurt Cups, Graham Crackers	27 Cheerios, Bananas, Milk Meatball Subs, Broccoli, Cantaloupe, Milk Pears, Cheese Sticks	28 English Muffins, Oranges, Milk Chicken Pita's, Sliced Cucumbers w/ Dip, Blueberries, Milk Watermelons, Ritz Crackers
31 Rice Krispies, Apples, Milk Chicken Tenders, Green Beans, Oatmeal Bread, Honeydew, Milk Oranges, Goldfish	* All Grains are Whole Grain enriched. * All portions are based on age levels governed by the RI Food Program's values. More food may always be served. * All portion sizes are the minimum required. BLUE = Breakfast RED = Lunch GREEN = Snack			

Turkey
2023

AGES
1-13 YRS

Food Services MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Rice Krispies, Apples, Milk Vegan Nuggets, Wheat Bread, Peas, Honeydew, Milk Oranges, Goldfish	4 Closed	5 French Toast Sticks, Oranges, Milk Cheese Ravioli w/ Sauce, Green Beans, Pineapple, Milk Yogurt Cups, Graham Crackers	6 Cheerios, Bananas, Milk Seasoned Bean's, Lettuce & Tomatoes, Chips or Tortillas, Cantaloupe, Milk Pears, Cheese Sticks	7 English Muffins, Oranges, Milk Hummus & Cheese, Carrot Sticks w/ Ranch, Blueberries, Milk Watermelon, Ritz Crackers
10 Rice Krispies, Apples, Milk Veggie Meatballs w/ Sauce, Torpedo Rolls, Peas, Honeydew, Milk Oranges, Goldfish	11 Blueberry Muffins, Bananas, Milk Hummus & Cheese, Pasta Salad, Strawberries, Milk Pears, Cheese Sticks	12 French Toast Sticks, Oranges, Milk Vegan Nuggets, Carrots, Oatmeal Bread, Pineapple, Milk Yogurt Cups, Graham Crackers	13 Cheerios, Bananas, Milk Vegetarian Shepard's Pie, Dinner Rolls, Cantaloupe, Milk Pears, Cheese Sticks	14 English Muffins, Oranges, Milk Cheese Pizza, Garden Salad, Blueberries, Milk Watermelon, Ritz Crackers
17 Rice Krispies, Apples, Milk Vegetarian Chili, Dinner Rolls, Honeydew, Milk Oranges, Goldfish	18 Corn Muffins, Bananas, Milk Vegan Patties, Green eans, Wheat Bread, Strawberries, Milk Pears, Cheese Sticks	19 French Toast Sticks, Oranges, Milk Mac & Cheese, Broccoli, Pineapple, Milk Yogurt Cups, Graham Crackers	20 Cheerios, Bananas, Milk Vegan Nuggets, Potato Salad, Cantaloupe, Milk Pears, Cheese Sticks	21 English Muffins, Oranges, Milk Hummus & Cheese, Celery Sticks, Wheat Bread, Blueberries, Milk Watermelon, Ritz Crackers
24 Rice Krispies, Apples, Milk Vegan Nuggets, Green Beans, Wheat Bread, Honeydew, Milk Oranges, Goldfish	25 Blueberry Muffins, Bananas, Milk Garden burgers, Pasta Salad, Strawberries, Milk Pears, Cheese Sticks	26 French Toast Sticks, Oranges, Milk Hummus & Cheese, Carrot Sticks w/ Ranch, Pineapple, Milk Yogurt Cups, Graham Crackers	27 Cheerios, Bananas, Milk Veggie Meatball Subs, Broccoli, Cantaloupe, Milk Pears, Cheese Sticks	28 English Muffins, Oranges, Milk Chopped Vegan Cutlets in Pita's, Sliced Cucumbers w/ Dip, Blueberries, Milk Watermelons, Ritz Crackers
31 Rice Krispies, Apples, Milk Vegan Nuggets, Green Beans, Oatmeal Bread, Honeydew, Milk Oranges, Goldfish	* All Grains are Whole Grain enriched. * All portions are based on age levels governed by the RI Food Program's values. More food may always be served. * All portion sizes are the minimum required. BLUE = Breakfast RED = Lunch GREEN = Snack			

July 2023
 Vegetarian
 AGES
 1-13 YRS

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Food Services MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Formula or Breastmilk, Infant Rice Cereal, Bananas & Oranges</p> <p>Formula or Breastmilk, Infant Oatmeal, Squash</p> <p>Formula or Breastmilk, Infant Rice Cereal, Apples</p>	<p>4</p> <p>Closed</p>	<p>5</p> <p>Formula or Breastmilk, Infant Rice Cereal, Apples & Blueberries</p> <p>Formula or Breastmilk, Infant Oatmeal, Green Beans</p> <p>Formula or Breastmilk, Infant Rice Cereal, Bananas & Oranges</p>	<p>6</p> <p>Formula or Breastmilk, Infant Oatmeal, Bananas</p> <p>Formula or Breastmilk, Infant Rice Cereal, Peas</p> <p>Formula or Breastmilk, Infant Oatmeal, Pears</p>	<p>7</p> <p>Formula or Breastmilk, Infant Rice Cereal, Apples</p> <p>Formula or Breastmilk, Infant Oatmeal, Cereal, Carrots</p> <p>Formula or Breastmilk, Infant Rice Cereal, Bananas</p>
<p>10</p> <p>Formula or Breastmilk, Infant Rice Cereal, Bananas & Oranges</p> <p>Formula or Breastmilk, Infant Oatmeal, Squash</p> <p>Formula or Breastmilk, Infant Rice Cereal, Apples</p>	<p>11</p> <p>Formula or Breastmilk, Infant Oatmeal, Bananas</p> <p>Formula or Breastmilk, Infant Rice Cereal, Carrots</p> <p>Formula or Breastmilk, Infant Oatmeal, Pears</p>	<p>12</p> <p>Formula or Breastmilk, Infant Rice Cereal, Apples & Blueberries</p> <p>Formula or Breastmilk, Infant Oatmeal, Green Beans</p> <p>Formula or Breastmilk, Infant Rice Cereal, Bananas & Oranges</p>	<p>13</p> <p>Formula or Breastmilk, Infant Oatmeal, Bananas</p> <p>Formula or Breastmilk, Infant Rice Cereal, Peas</p> <p>Formula or Breastmilk, Infant Oatmeal, Pears</p>	<p>14</p> <p>Formula or Breastmilk, Infant Rice Cereal, Apples</p> <p>Formula or Breastmilk, Infant Oatmeal, Cereal, Carrots</p> <p>Formula or Breastmilk, Infant Rice Cereal, Bananas</p>
<p>17</p> <p>Formula or Breastmilk, Infant Rice Cereal, Bananas & Oranges</p> <p>Formula or Breastmilk, Infant Oatmeal, Squash</p> <p>Formula or Breastmilk, Infant Rice Cereal, Apples</p>	<p>18</p> <p>Formula or Breastmilk, Infant Oatmeal, Bananas</p> <p>Formula or Breastmilk, Infant Rice Cereal, Carrots</p> <p>Formula or Breastmilk, Infant Oatmeal, Pears</p>	<p>19</p> <p>Formula or Breastmilk, Infant Rice Cereal, Apples & Blueberries</p> <p>Formula or Breastmilk, Infant Oatmeal, Green Beans</p> <p>Formula or Breastmilk, Infant Rice Cereal, Bananas & Oranges</p>	<p>20</p> <p>Formula or Breastmilk, Infant Oatmeal, Bananas</p> <p>Formula or Breastmilk, Infant Rice Cereal, Peas</p> <p>Formula or Breastmilk, Infant Oatmeal, Pears</p>	<p>21</p> <p>Formula or Breastmilk, Infant Rice Cereal, Apples</p> <p>Formula or Breastmilk, Infant Oatmeal, Cereal, Carrots</p> <p>Formula or Breastmilk, Infant Rice Cereal, Bananas</p>
<p>24</p> <p>Formula or Breastmilk, Infant Rice Cereal, Bananas & Oranges</p> <p>Formula or Breastmilk, Infant Oatmeal, Squash</p> <p>Formula or Breastmilk, Infant Rice Cereal, Apples</p>	<p>25</p> <p>Formula or Breastmilk, Infant Oatmeal, Bananas</p> <p>Formula or Breastmilk, Infant Rice Cereal, Carrots</p> <p>Formula or Breastmilk, Infant Oatmeal, Pears</p>	<p>26</p> <p>Formula or Breastmilk, Infant Rice Cereal, Apples & Blueberries</p> <p>Formula or Breastmilk, Infant Oatmeal, Green Beans</p> <p>Formula or Breastmilk, Infant Rice Cereal, Bananas & Oranges</p>	<p>27</p> <p>Formula or Breastmilk, Infant Oatmeal, Bananas</p> <p>Formula or Breastmilk, Infant Rice Cereal, Peas</p> <p>Formula or Breastmilk, Infant Oatmeal, Pears</p>	<p>28</p> <p>Formula or Breastmilk, Infant Rice Cereal, Apples</p> <p>Formula or Breastmilk, Infant Oatmeal, Cereal, Carrots</p> <p>Formula or Breastmilk, Infant Rice Cereal, Bananas</p>
<p>31</p> <p>Formula or Breastmilk, Infant Rice Cereal, Bananas & Oranges</p> <p>Formula or Breastmilk, Infant Oatmeal, Squash</p> <p>Formula or Breastmilk, Infant Rice Cereal, Apples</p>	<p>* All Grains are Whole Grain enriched.</p> <p>* All portions are based on age levels governed by the RI Food Program's values. More food may always be served.</p> <p>* All portion sizes are the minimum required.</p> <p>BLUE = Breakfast RED = Lunch GREEN = Snack</p>			

July 2023

AGES
6-11 MO

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Food Services **MENU**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	4 Closed	5 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	6 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	7 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk
10 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	11 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	12 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	13 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	14 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk
17 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	18 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	19 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	20 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	21 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk
24 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	25 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	26 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	27 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	28 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk
31 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	<p>* All Grains are Whole Grain enriched. * All portions are based on age levels governed by the RI Food Program's values. More food may always be served. * All portion sizes are the minimum required.</p> <p>BLUE = Breakfast RED = Lunch GREEN = Snack</p>			

July 2023

AGES
0-5 MO

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