



THE CHILDREN'S
WORKSHOP

Food Services MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>* All Grains are Whole Grain enriched. * All portions are based on age levels governed by the RI Food Programs values. More food may always be served. * All portion sizes are the minimum required.</p>					
5	6	7	8	9	2
Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk
12	13	14	15	16	
Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	
19	20	21	22	23	
Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	
26	27	28	29	30	
Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	

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