

Food Services MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>* All Grains are Whole Grain enriched. * All portions are based on age levels governed by the RI Food Program's values. More food may always be served. * All portion sizes are the minimum required.</p>	<p>BLUE = Breakfast RED = Lunch GREEN = Snack</p>	<p>1 French Toast Sticks, Oranges, Milk Meatball Subs, Broccoli, Pineapple, Milk Yogurt Cups, Graham Crackers</p>	<p>2 Cheerios, Bananas, Milk Chicken Tenders, Carrots, Oatmeal Bread, Cantaloupe, Milk Pears, Cheese Sticks</p>	<p>3 English Muffins, Oranges, Milk Chicken Caccitore, Brown Rice, Blueberries, Milk Apples, Ritz Crackers</p>
<p>6 Rice Krispies, Apples, Milk Teriyaki Chicken, Broccoli, Brown Rice, Honeydew, Milk Oranges, Goldfish</p>	<p>7 Corn Muffins, Bananas, Milk Shepard's Pie, Dinner Rolls, Blueberries, Milk Pears, Cheese Sticks</p>	<p>8 French Toast Sticks, Oranges, Milk Mac & Cheese, Carrots, Pineapple, Milk Yogurt Cups, Graham Crackers</p>	<p>9 Cheerios, Bananas, Milk Spaghetti w/ Meatsauce, Carrots, Cantaloupe, Milk Pears, Cheese Sticks</p>	<p>10 English Muffins, Oranges, Milk Chicken Patty Sandwiches, Green Beans, Blueberries, Milk Apples, Ritz Crackers</p>
<p>13 Rice Krispies, Apples, Milk Chicken Nuggets, Corn, Wheat Bread, Honeydew, Milk Oranges, Goldfish</p>	<p>14 Blueberry Muffins, Bananas, Milk Beef Chili, Corn Bread, Blueberries, Milk Pears, Cheese Sticks</p>	<p>15 French Toast Sticks, Oranges, Milk Chicken in a Bowl, Dinner Rolls, Pineapple, Milk Yogurt Cups, Graham Crackers</p>	<p>16 Cheerios, Bananas, Milk Beef Nacho's, Salsa, Cheese, Chips or Tortilla Wraps, Cantaloupe, Milk Pears, Cheese Sticks</p>	<p>17 English Muffins, Oranges, Milk Cheese Pizza, Baked Fries, Blueberries, Milk Apples, Ritz Crackers</p>
<p>20 Rice Krispies, Apples, Milk Meatball Subs, Broccoli, Pineapple, Milk Oranges, Goldfish</p>	<p>21 Corn Muffins, Bananas, Milk Chicken Tenders, Carrots, Oatmeal Bread, Blueberries, Milk Pears, Cheese Sticks</p>	<p>22 French Toast Sticks, Oranges, Milk Ham Dinner, Sweet Potatoes, Dinner Rolls, Pineapple, Milk Yogurt Cups, Graham Crackers</p>	<p>23 Cheerios, Bananas, Milk Cheese Tortellini w/ Sauce, Broccoli, Cantaloupe, Milk Pears, Cheese Sticks</p>	<p>24 English Muffins, Oranges, Milk Shepard's Pie, Dinner Rolls, Blueberries, Milk Apples, Ritz Crackers</p>
<p>27 Rice Krispies, Apples, Milk Chicken Patty Sandwiches, Green Beans, Honeydew, Milk Oranges, Goldfish</p>	<p>28 Blueberry Muffins, Bananas, Milk American Chop Suey, Green Beans, Blueberries, Milk Pears, Cheese Sticks</p>	<p>29 French Toast Sticks, Oranges, Milk Sliced Pork w/ Gravy, Mashed Potatoes, Oat Bread, Pineapple, Milk Yogurt Cups, Graham Crackers</p>	<p>30 Cheerios, Bananas, Milk Seasoned Chicken, Brown Rice, Broccoli, Cantaloupe, Milk Pears, Cheese Sticks</p>	<p>31 English Muffins, Oranges, Milk Cheese Pizza, Baked Fries, Blueberries, Milk Apples, Ritz Crackers</p>

March 2023

 AGES
 1-13 YRS

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