

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 English Muffins, Oranges, Milk Meatloaf w/ Gravy, Roasted Potatoes, Dinner Rolls, Pineapple, Milk Sliced Cucumbers, Graham Crackers	2 Wheat Toast, Bananas, Milk Chicken Tenders, Carrots, Oatmeal Bread, Cantaloupe, Milk Pears, Cheese Sticks	3 Cheerios, Oranges, Milk Sloppy Joe Sandwiches, Corn, Blueberries, Milk Apples, Ritz
6 English Muffins, Apples, Milk Swedish Meatball's, Pasta, Peas, Honeydew, Milk Oranges, Goldfish	7 Apple Muffins, Bananas, Milk Chicken Patty Sandwiches, Green Beans, Blueberries, Milk Pears, Cheese Sticks	8 Cheerios, Oranges, Milk Mac & Cheese, Carrots, Pineapple, Milk Sliced Cucumbers, Graham Crackers	9 Shredded Wheat Cereal, Bananas, Milk Meatball Subs, Broccoli, Cantaloupe, Milk Pears, Cheese Sticks	10 Wheat Toast, Oranges, Milk Chicken in a Bowl, Dinner Rolls, Blueberries, Milk Apples, Ritz
13 Chex Cereal, Apples, Milk Chicken Pot Pie, Biscuits, Honeydew, Milk Oranges, Goldfish	14 Blueberry Muffins, Bananas, Milk Spaghetti w/ Meat Sauce, Carrots, Blueberries, Milk Pears, Cheese Sticks	15 English Muffins, Oranges, Milk Ham Dinner, Sweet Potatoes, Dinner Rolls, Pineapple, Milk Sliced Cucumbers, Graham Crackers	16 Wheat Toast, Bananas, Milk Cheese Tortellini w/ Sauce, Broccoli, Cantaloupe, Milk Pears, Cheese Sticks	17 Cheerios, Oranges, Milk Chicken Nuggets, Corn, Wheat Bread, Blueberries, Milk Apples, Ritz
20 CLOSED	21 Apple Muffins, Bananas, Milk Shepard's Pie, Dinner Rolls, Blueberries, Milk Pears, Cheese Sticks	22 Cheerios, Oranges, Milk Seasoned Chicken, Brown Rice, Broccoli, Pineapple, Milk Sliced Cucumbers, Graham Crackers	23 Shredded Wheat Cereal, Bananas, Milk Beef Nacho's, Salsa, Cheese, Chips or Tortilla Wraps, Cantaloupe, Milk Pears, Cheese Sticks	24 Wheat Toast, Oranges, Milk Cheese Pizza, Baked Fries, Blueberries, Milk Apples, Ritz
27 Chex Cereal, Apples, Milk Cheese Ravioli, Peas, Honeydew, Milk Oranges, Goldfish	28 Blueberry Muffins, Bananas, Milk Grilled Chicken Sandwiches, Green Beans, Blueberries, Milk Pears, Cheese Sticks	<p>* All Grains are Whole Grain enriched. * All portions are based on age levels governed by the RI Food Program's values. More food may always be served. * All portion sizes are the minimum required.</p> <p>BLUE = Breakfast RED = Lunch GREEN = Snack</p>		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 English Muffins, Oranges, Milk Garden Burgers, Roasted Potatoes, Dinner Rolls, Pineapple, Milk Sliced Cucumbers, Graham Crackers	2 Wheat Toast, Bananas, Milk Vegan Nuggets, Carrots, Oatmeal Bread, Cantaloupe, Milk Pears, Cheese Sticks	3 Cheerios, Oranges, Milk Vegetarian Sloppy Joe Sandwiches, Corn, Blueberries, Milk Apples, Ritz
6 English Muffins, Apples, Milk Vegetarian Swedish Meatball's, Pasta, Peas, Honeydew, Milk Oranges, Goldfish	7 Apple Muffins, Bananas, Milk Vegan Chicken Patty Sandwiches, Green Beans, Blueberries, Milk Pears, Cheese Sticks	8 Cheerios, Oranges, Milk Mac & Cheese, Carrots, Pineapple, Milk Sliced Cucumbers, Graham Crackers	9 Shredded Wheat Cereal, Bananas, Milk Vegetarian Meatball Subs, Broccoli, Cantaloupe, Milk Pears, Cheese Sticks	10 Wheat Toast, Oranges, Milk Vegetarian Chicken in a Bowl, Dinner Rolls, Blueberries, Milk Apples, Ritz
13 Chex Cereal, Apples, Milk Vegetarian Pot Pie, Biscuits, Honeydew, Milk Oranges, Goldfish	14 Blueberry Muffins, Bananas, Milk Spaghetti w/ Meat sauce, Carrots, Blueberries, Milk Pears, Cheese Sticks	15 English Muffins, Oranges, Milk Garden Burgers, Sweet Potatoes, Dinner Rolls, Pineapple, Milk Sliced Cucumbers, Graham Crackers	16 Wheat Toast, Bananas, Milk Cheese Tortellini w/ Sauce, Broccoli, Cantaloupe, Milk Pears, Cheese Sticks	17 Cheerios, Oranges, Milk Vegan Nuggets, Corn, Wheat Bread, Blueberries, Milk Apples, Ritz
20 CLOSED	21 Apple Muffins, Bananas, Milk Vegetarian Shepard's Pie, Dinner Rolls, Blueberries, Milk Pears, Cheese Sticks	22 Cheerios, Oranges, Milk Vegan Cutlets, Brown Rice, Broccoli, Pineapple, Milk Sliced Cucumbers, Graham Crackers	23 Shredded Wheat Cereal, Bananas, Milk Seasoned Beans, Salsa, Cheese, Chips or Tortilla Wraps, Cantaloupe, Milk Pears, Cheese Sticks	24 Wheat Toast, Oranges, Milk Cheese Pizza, Baked Fries, Blueberries, Milk Apples, Ritz
27 Chex Cereal, Apples, Milk Cheese Ravioli, Peas, Honeydew, Milk Oranges, Goldfish	28 Blueberry Muffins, Bananas, Milk Vegan Chicken Sandwiches, Green Beans, Blueberries, Milk Pears, Cheese Sticks	<p>* All Grains are Whole Grain enriched. * All portions are based on age levels governed by the RI Food Program's values. More food may always be served. * All portion sizes are the minimum required.</p> <p>BLUE = Breakfast RED = Lunch GREEN = Snack</p>		

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FEB.
2023
[Vegetarian]

FOR AGES 1-13 YRS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Formula or Breastmilk, Infant Rice Cereal, Apples & Blueberries ¹ Formula or Breastmilk, Infant Oatmeal, Green Beans Formula or Breastmilk, Infant Rice Cereal, Bananas & Oranges	Formula or Breastmilk, Infant Rice Cereal, Apples ² Formula or Breastmilk, Infant Rice Cereal, Peas Formula or Breastmilk, Infant Oatmeal, Pears	Formula or Breastmilk, Infant Oatmeal, Bananas ³ Formula or Breastmilk, Infant Oatmeal Cereal, Carrots Formula or Breastmilk, Infant Oatmeal, Bananas
Formula or Breastmilk, Infant Rice Cereal, Bananas & Oranges ⁶ Formula or Breastmilk, Infant Oatmeal, Squash Formula or Breastmilk, Infant Rice Cereal, Apples	Formula or Breastmilk, Infant Oatmeal, Bananas ⁷ Formula or Breastmilk, Infant Rice Cereal, Carrots Formula or Breastmilk, Infant Oatmeal, Pears	Formula or Breastmilk, Infant Rice Cereal, Apples & Blueberries ⁸ Formula or Breastmilk, Infant Oatmeal, Green Beans Formula or Breastmilk, Infant Rice Cereal, Bananas & Oranges	Formula or Breastmilk, Infant Rice Cereal, Apples ⁹ Formula or Breastmilk, Infant Rice Cereal, Peas Formula or Breastmilk, Infant Oatmeal, Pears	Formula or Breastmilk, Infant Oatmeal, Bananas ¹⁰ Formula or Breastmilk, Infant Oatmeal Cereal, Carrots Formula or Breastmilk, Infant Oatmeal, Bananas
Formula or Breastmilk, Infant Rice Cereal, Bananas & Oranges ¹³ Formula or Breastmilk, Infant Oatmeal, Squash Formula or Breastmilk, Infant Rice Cereal, Apples	Formula or Breastmilk, Infant Oatmeal, Bananas ¹⁴ Formula or Breastmilk, Infant Rice Cereal, Carrots Formula or Breastmilk, Infant Oatmeal, Pears	Formula or Breastmilk, Infant Rice Cereal, Apples & Blueberries ¹⁵ Formula or Breastmilk, Infant Oatmeal, Green Beans Formula or Breastmilk, Infant Rice Cereal, Bananas & Oranges	Formula or Breastmilk, Infant Rice Cereal, Apples ¹⁶ Formula or Breastmilk, Infant Rice Cereal, Peas Formula or Breastmilk, Infant Oatmeal, Pears	Formula or Breastmilk, Infant Oatmeal, Bananas ¹⁷ Formula or Breastmilk, Infant Oatmeal Cereal, Carrots Formula or Breastmilk, Infant Oatmeal, Bananas
CLOSED ²⁰	Formula or Breastmilk, Infant Oatmeal, Bananas ²¹ Formula or Breastmilk, Infant Rice Cereal, Carrots Formula or Breastmilk, Infant Oatmeal, Pears	Formula or Breastmilk, Infant Rice Cereal, Apples & Blueberries ²² Formula or Breastmilk, Infant Oatmeal, Green Beans Formula or Breastmilk, Infant Rice Cereal, Bananas & Oranges	Formula or Breastmilk, Infant Rice Cereal, Apples ²³ Formula or Breastmilk, Infant Rice Cereal, Peas Formula or Breastmilk, Infant Oatmeal, Pears	Formula or Breastmilk, Infant Oatmeal, Bananas ²⁴ Formula or Breastmilk, Infant Oatmeal Cereal, Carrots Formula or Breastmilk, Infant Oatmeal, Bananas
Formula or Breastmilk, Infant Rice Cereal, Bananas & Oranges ²⁷ Formula or Breastmilk, Infant Oatmeal, Squash Formula or Breastmilk, Infant Rice Cereal, Apples	Formula or Breastmilk, Infant Oatmeal, Bananas ²⁸ Formula or Breastmilk, Infant Rice Cereal, Carrots Formula or Breastmilk, Infant Oatmeal, Pears	* All Grains are Whole Grain enriched. * All portions are based on age levels governed by the RI Food Program's values. More food may always be served. * All portion sizes are the minimum required. BLUE = Breakfast RED = Lunch GREEN = Snack		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	2 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	3 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk
6 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	7 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	8 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	9 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	10 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk
13 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	14 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	15 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	16 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	17 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk
20 CLOSED	21 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	22 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	23 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	24 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk
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FEBRUARY 2023

FOR AGES 0-5 MO