

Food Services MENU



CHILDREN'S
WORKSHOP

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Formula or Breastmilk, Infant Oatmeal, Apples Formula or Breastmilk, Infant Rice Cereal, Green Beans Formula or Breastmilk, Cheerios, Bananas	2 Formula or Breastmilk, Infant Oatmeal, Bananas Formula or Breastmilk, Cheese Sticks, Carrots Formula or Breastmilk, Infant Oatmeal, Pears	3 Formula or Breastmilk, Infant Oatmeal, Pears Formula or Breastmilk, Yogurt, Apples, Formula or Breastmilk, Cheerios, Pears	4 Formula or Breastmilk, Infant Oatmeal, Bananas Formula or Breastmilk, Cheese Sticks, Apples Formula or Breastmilk, Infant Rice Cereal, Pears	5 Formula or Breastmilk, Infant Oatmeal, Apples Formula or Breastmilk, Infant Rice Cereal, Bananas Formula or Breastmilk, Ritz Crackers, Apples
8 Formula or Breastmilk, Infant Oatmeal, Apples Formula or Breastmilk, Infant Rice Cereal, Green Beans Formula or Breastmilk, Cheerios, Bananas	9 Formula or Breastmilk, Infant Oatmeal, Bananas Formula or Breastmilk, Cheese Sticks, Peas Formula or Breastmilk, Infant Oatmeal, Pears	10 Formula or Breastmilk, Infant Oatmeal, Pears Formula or Breastmilk, Yogurt, Carrots Formula or Breastmilk, Cheerios, Pears	11 Formula or Breastmilk, Infant Oatmeal, Bananas Formula or Breastmilk, Cheese Sticks, Apples Formula or Breastmilk, Infant Rice Cereal, Pears	12 Formula or Breastmilk, Infant Oatmeal, Apples Formula or Breastmilk, Infant Rice Cereal, Bananas Formula or Breastmilk, Ritz Crackers, Apples
15 Closed	16 Formula or Breastmilk, Infant Oatmeal, Bananas Formula or Breastmilk, Cheese Sticks, Peas Formula or Breastmilk, Infant Oatmeal, Pears	17 Formula or Breastmilk, Infant Oatmeal, Pears Formula or Breastmilk, Yogurt, Carrots Formula or Breastmilk, Cheerios, Pears	18 Formula or Breastmilk, Infant Oatmeal, Bananas Formula or Breastmilk, Cheese Sticks, Apples Formula or Breastmilk, Infant Rice Cereal, Pears	19 Formula or Breastmilk, Infant Oatmeal, Apples Formula or Breastmilk, Infant Rice Cereal, Bananas Formula or Breastmilk, Ritz Crackers, Apples
22 Formula or Breastmilk, Infant Oatmeal, Apples Formula or Breastmilk, Infant Rice Cereal, Green Beans Formula or Breastmilk, Cheerios, Bananas	23 Formula or Breastmilk, Infant Oatmeal, Bananas Formula or Breastmilk, Cheese Sticks, Peas Formula or Breastmilk, Infant Oatmeal, Pears	24 Formula or Breastmilk, Infant Oatmeal, Pears Formula or Breastmilk, Yogurt, Carrots Formula or Breastmilk, Cheerios, Pears	25 Formula or Breastmilk, Infant Oatmeal, Bananas Formula or Breastmilk, Cheese Sticks, Apples Formula or Breastmilk, Infant Rice Cereal, Pears	26 Formula or Breastmilk, Infant Oatmeal, Apples Formula or Breastmilk, Infant Rice Cereal, Bananas Formula or Breastmilk, Ritz Crackers, Apples
29 Formula or Breastmilk, Infant Oatmeal, Apples Formula or Breastmilk, Infant Rice Cereal, Green Beans Formula or Breastmilk, Cheerios, Bananas	30 Formula or Breastmilk, Infant Oatmeal, Bananas Formula or Breastmilk, Cheese Sticks, Peas Formula or Breastmilk, Infant Oatmeal, Pears	<p>* All Grains are Whole Grain enriched. * All portions are based on age levels governed by the RI Food Program's values. More food may always be served. * All portion sizes are the minimum required.</p>		

April 2024

AGES
6-11 mo.

BLUE = Breakfast
RED = Lunch
GREEN = Snack

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