

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>* All Grains are Whole Grain enriched. * All portions are based on age levels governed by the RI Food Program's values. More food may always be served. * All portion sizes are the minimum required.</p> <p>BLUE = Breakfast RED = Lunch GREEN = Snack</p>			<p>1 Shredded Wheat Cereal, Bananas, Milk Garden Burgers, Mashed Potatoes, Dinner Rolls, Cantaloupe, Milk Pears, Cheese Sticks</p>	<p>2 Wheat Toast, Oranges, Milk Vegetarian Chicken Pot Pie, Biscuits, Blueberries, Milk Apples, Ritz</p>
<p>5 Chex Cereal, Apples, Milk Vegetarian Chicken in a Bowl, Dinner Rolls, Honeydew, Milk Oranges, Goldfish</p>	<p>6 Blueberry Muffins, Bananas, Milk Vegetarian Sloppy Joe's, Carrots, Hamburger Rolls, Blueberries, Milk Pears, Cheese Sticks</p>	<p>7 English Muffins, Oranges, Milk Cheese Ravioli, Green Beans, Pineapple, Milk Sliced Cucumbers, Graham Crackers</p>	<p>8 Wheat Toast, Bananas, Milk Seasoned Bean Nacho's, Salsa, Cheese, Chips or Tortilla Wraps, Cantaloupe, Milk Pears, Cheese Sticks</p>	<p>9 Cheerios, Oranges, Milk Vegan Nuggets, Corn, Oatmeal Bread, Blueberries, Milk Apples, Ritz</p>
<p>12 English Muffins, Apples, Milk Vegan Chicken Patty Sandwiches, Corn, Honeydew, Milk Oranges, Goldfish</p>	<p>13 Apple Muffins, Bananas, Milk Pasta, Veggie Meatball's, Peas, Blueberries, Milk Pears, Cheese Sticks</p>	<p>14 Cheerios, Oranges, Milk Seasoned Cutlets, Brown Rice, Broccoli, Pineapple, Milk Sliced Cucumbers, Graham Crackers</p>	<p>15 Shredded Wheat Cereal, Bananas, Milk Vegetarian Shepard's Pie, Dinner Rolls, Cantaloupe, Milk Pears, Cheese Sticks</p>	<p>16 Wheat Toast, Oranges, Milk Cheese Pizza, Baked Fries, Blueberries, Milk Apples, Ritz</p>
<p>19 Chex Cereal, Apples, Milk Vegan Nuggets, Carrots, Oatmeal Bread, Honeydew, Milk Oranges, Goldfish</p>	<p>20 Blueberry Muffins, Bananas, Milk Manicotti, Peas, Blueberries, Milk Pears, Cheese Sticks</p>	<p>21 English Muffins, Oranges, Milk Vegan BBQ Cutlets, Corn, Wheat Bread, Pineapple, Milk Sliced Cucumbers, Graham Crackers</p>	<p>22 Wheat Toast, Bananas, Milk Garden Burgers, Mashed Potatoes, Dinner Rolls, Cantaloupe, Milk Pears, Cheese Sticks</p>	<p>23 CLOSED</p>
<p>26 CLOSED</p>	<p>27 Apple Muffins, Bananas, Milk Vegetarian Shepard's Pie, Dinner Rolls, Blueberries, Milk Pears, Cheese Sticks</p>	<p>28 Cheerios, Oranges, Milk Vegan Nuggets, Green Beans, Wheat Bread, Pineapple, Milk Sliced Cucumbers, Graham Crackers</p>	<p>29 Shredded Wheat Cereal, Bananas, Milk Mac & Cheese, Broccoli, Cantaloupe, Milk Pears, Cheese Sticks</p>	<p>30 Wheat Toast, Oranges, Milk Pasta, Veggie Meatball's, Carrots, Blueberries, Milk Apples, Ritz</p>

12
DEC.
2022
[Vegetarian]