

Food Services MENU



THE CHILDREN'S
WORKSHOP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	2 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	3 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	4 Closed	5 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk
8 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	9 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	10 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	11 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	12 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk
15 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	16 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	17 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	18 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	19 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk
22 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	23 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	24 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	25 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	26 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk
29 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	30 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	31 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	<p>BLUE = Breakfast RED = Lunch GREEN = Snack</p>	

* All Grains are Whole Grain enriched.
* All portions are based on age levels governed by the RIF Food Programs values. More food may always be served.
* All portion sizes are the minimum required.

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0-6 MO

2024

July

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