

Food Services MENU



THE CHILDREN'S
WORKSHOP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Rice Krispies, Apples, Milk Cheese Tortellini, Green Beans, Pineapple, Milk Oranges & Goldfish	2 Corn Muffins, Bananas, Milk Roasted Chicken, Rice w/ Beans, Carrots, Cantaloupe, Milk Pears & Cheese Sticks	3 French Toast, Oranges, Milk Shepard's Pie, Dinner Rolls, Apples, Milk Yogurt & Graham Crackers	4 Cheerios, Bananas, Milk Chicken Patty Sandwiches, Corn, Apples, Milk Pears & Cheese Sticks	5 English Muffins, Oranges, Milk Beefy Mac & Cheese, Peas, Bananas, Milk Apples & Ritz
8 Rice Krispies, Apples, Milk Chicken Nuggets, Carrots, Rye Bread, Pineapple, Milk Oranges & Goldfish	9 Corn Muffins, Bananas, Milk Meatball Subs, Green Beans, Cantaloupe, Milk, Pears & Cheese Sticks	10 French Toast, Oranges, Milk Chicken Pot Pie, Biscuits, Apples, Milk Yogurt & Graham Crackers	11 Cheerios, Bananas, Milk Rib A Que Sandwiches, Corn, Apples, Milk Pears & Cheese Sticks	12 English Muffins, Oranges, Milk Grilled Chicken Sandwiches, Broccoli, Bananas, Milk Apples & Ritz
15 Closed	16 Blueberry Muffins, Bananas, Milk Chicken Tenders, Corn, Dinner Rolls, Cantaloupe, Milk Pears & Cheese Sticks	17 French Toast, Oranges, Milk Ham Dinner, Sweet Potatoes, Dinner Rolls, Apples, Milk Yogurt & Graham Crackers	18 Cheerios, Bananas, Milk American Chop Suey, Peas, Apples, Milk Pears & Cheese Sticks	19 English Muffins, Oranges, Milk Cheese Pizza, Garden Salad, Bananas, Milk Apples & Ritz
22 Rice Krispies, Apples, Milk Chicken Patty Sandwiches, Green Beans, Pineapple, Milk Oranges & Goldfish	23 Corn Muffins, Bananas, Milk Shepard's Pie, Dinner Rolls, Cantaloupe, Milk Pears & Cheese Sticks	24 French Toast, Oranges, Milk Cheese Ravioli, Broccoli, Apples, Milk Yogurt & Graham Crackers	25 Cheerios, Bananas, Milk Roasted Chicken, Rice w/ Beans, Peas, Apples, Milk Pears & Cheese Sticks	26 English Muffins, Oranges, Milk Sliced Pork w/ Gravy, Mashed Potatoes, Carrots, Bananas, Milk Apples & Ritz
29 Rice Krispies, Apples, Milk Meatball Subs, Peas, Pineapple, Milk Oranges & Goldfish	30 Blueberry Muffins, Bananas, Milk Chicken Nuggets, Green Beans, Wheat Bread, Cantaloupe, Milk Pears & Cheese Sticks	<p>* All Grains are Whole Grain enriched. * All portions are based on age levels governed by the RI Food Program's values. More food may always be served. * All portion sizes are the minimum required.</p> <p>BLUE = Breakfast RED = Lunch GREEN = Snack</p>		

April

2024

AGES
1-13 YRS

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Rice Krispies, Apples, Milk Cheese Tortellini, Green Beans, Pineapple, Milk Oranges & Goldfish	2 Corn Muffins, Bananas, Milk Roasted Vegan Cutlets,, Rice w/ Beans, Carrots, Cantaloupe, Milk, Pears & Cheese Sticks	3 French Toast, Oranges, Milk Vegetarian Shepard's Pie, Dinner Rolls, Apples, Milk Yogurt & Graham Crackers	4 Cheerios, Bananas, Milk Vegan Chic'n Patty Sandwiches, Corn, Apples, Milk Pears & Cheese Sticks	5 English Muffins, Oranges, Milk Mac & Cheese, Peas, Bananas, Milk Apples & Ritz
8 Rice Krispies, Apples, Milk Vegan Nuggets, Carrots, Rye Bread, Pineapple, Milk Oranges & Goldfish	9 Corn Muffins, Bananas, Milk Vegetarian Meatball Subs, Green Beans, Cantaloupe, Milk, Pears & Cheese Sticks	10 French Toast, Oranges, Milk Pot Pie w/ Beans, Biscuits, Apples, Milk Yogurt & Graham Crackers	11 Cheerios, Bananas, Milk Garden Burgers, Corn, Apples, Milk Pears & Cheese Sticks	12 English Muffins, Oranges, Milk Vegan Chic'n Patty Sandwiches, Broccoli, Bananas, Milk Apples & Ritz
15 Closed	16 Blueberry Muffins, Bananas, Milk Vegan Nuggets, Corn, Dinner Rolls, Cantaloupe, Milk Pears & Cheese Sticks	17 French Toast, Oranges, Milk Garden Burgers, Sweet Potatoes, Dinner Rolls, Apples, Milk Yogurt & Graham Crackers	18 Cheerios, Bananas, Milk Vegetarian American Chop Suey, Peas, Apples, Milk Pears & Cheese Sticks	19 English Muffins, Oranges, Milk Cheese Pizza, Garden Salad, Bananas, Milk Apples & Ritz
22 Rice Krispies, Apples, Milk Vegan Chic'n Patty Sandwiches, Green Beans, Pineapple, Milk Oranges & Goldfish	23 Corn Muffins, Bananas, Milk Vegetarian Shepard's Pie, Dinner Rolls, Cantaloupe, Milk Pears & Cheese Sticks	24 French Toast, Oranges, Milk Cheese Ravioli, Broccoli, Apples, Milk Yogurt & Graham Crackers	25 Cheerios, Bananas, Milk Roasted Vegan Cutlets, Rice w/ Beans, Peas, Apples, Milk Pears & Cheese Sticks	26 English Muffins, Oranges, Milk Garden Burgers, Mashed Potatoes, Carrots, Bananas, Milk Apples & Ritz
29 Rice Krispies, Apples, Milk Vegetarian Meatball Subs, Peas, Pineapple, Milk Oranges & Goldfish	30 Blueberry Muffins, Bananas, Milk Vegan Nuggets, Green Beans, Wheat Bread, Cantaloupe, Milk Pears & Cheese Sticks	<p>* All Grains are Whole Grain enriched. * All portions are based on age levels governed by the RI Food Program's values. More food may always be served. * All portion sizes are the minimum required.</p> <p>BLUE = Breakfast RED = Lunch GREEN = Snack</p>		

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Food Services MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Formula or Breastmilk, Infant Oatmeal, Apples Formula or Breastmilk, Infant Rice Cereal, Green Beans Formula or Breastmilk, Cheerios, Bananas	2 Formula or Breastmilk, Infant Oatmeal, Bananas Formula or Breastmilk, Cheese Sticks, Carrots Formula or Breastmilk, Infant Oatmeal, Pears	3 Formula or Breastmilk, Infant Oatmeal, Pears Formula or Breastmilk, Yogurt, Apples, Formula or Breastmilk, Cheerios, Pears	4 Formula or Breastmilk, Infant Oatmeal, Bananas Formula or Breastmilk, Cheese Sticks, Apples Formula or Breastmilk, Infant Rice Cereal, Pears	5 Formula or Breastmilk, Infant Oatmeal, Apples Formula or Breastmilk, Infant Rice Cereal, Bananas Formula or Breastmilk, Ritz Crackers, Apples
8 Formula or Breastmilk, Infant Oatmeal, Apples Formula or Breastmilk, Infant Rice Cereal, Green Beans Formula or Breastmilk, Cheerios, Bananas	9 Formula or Breastmilk, Infant Oatmeal, Bananas Formula or Breastmilk, Cheese Sticks, Peas Formula or Breastmilk, Infant Oatmeal, Pears	10 Formula or Breastmilk, Infant Oatmeal, Pears Formula or Breastmilk, Yogurt, Carrots Formula or Breastmilk, Cheerios, Pears	11 Formula or Breastmilk, Infant Oatmeal, Bananas Formula or Breastmilk, Cheese Sticks, Apples Formula or Breastmilk, Infant Rice Cereal, Pears	12 Formula or Breastmilk, Infant Oatmeal, Apples Formula or Breastmilk, Infant Rice Cereal, Bananas Formula or Breastmilk, Ritz Crackers, Apples
15 Closed	16 Formula or Breastmilk, Infant Oatmeal, Bananas Formula or Breastmilk, Cheese Sticks, Peas Formula or Breastmilk, Infant Oatmeal, Pears	17 Formula or Breastmilk, Infant Oatmeal, Pears Formula or Breastmilk, Yogurt, Carrots Formula or Breastmilk, Cheerios, Pears	18 Formula or Breastmilk, Infant Oatmeal, Bananas Formula or Breastmilk, Cheese Sticks, Apples Formula or Breastmilk, Infant Rice Cereal, Pears	19 Formula or Breastmilk, Infant Oatmeal, Apples Formula or Breastmilk, Infant Rice Cereal, Bananas Formula or Breastmilk, Ritz Crackers, Apples
22 Formula or Breastmilk, Infant Oatmeal, Apples Formula or Breastmilk, Infant Rice Cereal, Green Beans Formula or Breastmilk, Cheerios, Bananas	23 Formula or Breastmilk, Infant Oatmeal, Bananas Formula or Breastmilk, Cheese Sticks, Peas Formula or Breastmilk, Infant Oatmeal, Pears	24 Formula or Breastmilk, Infant Oatmeal, Pears Formula or Breastmilk, Yogurt, Carrots Formula or Breastmilk, Cheerios, Pears	25 Formula or Breastmilk, Infant Oatmeal, Bananas Formula or Breastmilk, Cheese Sticks, Apples Formula or Breastmilk, Infant Rice Cereal, Pears	26 Formula or Breastmilk, Infant Oatmeal, Apples Formula or Breastmilk, Infant Rice Cereal, Bananas Formula or Breastmilk, Ritz Crackers, Apples
29 Formula or Breastmilk, Infant Oatmeal, Apples Formula or Breastmilk, Infant Rice Cereal, Green Beans Formula or Breastmilk, Cheerios, Bananas	30 Formula or Breastmilk, Infant Oatmeal, Bananas Formula or Breastmilk, Cheese Sticks, Peas Formula or Breastmilk, Infant Oatmeal, Pears	<p>* All Grains are Whole Grain enriched. * All portions are based on age levels governed by the RI Food Program's values. More food may always be served. * All portion sizes are the minimum required.</p> <p>BLUE = Breakfast RED = Lunch GREEN = Snack</p>		

April
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AGES
6-11 mo.

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Food Services MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	2 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	3 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	4 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	5 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk
8 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	9 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	10 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	11 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	12 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk
15 Closed	16 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	17 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	18 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	19 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk
22 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	23 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	24 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	25 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk	26 Formula or Breastmilk Formula or Breastmilk Formula or Breastmilk
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AGES
0-5 mo.

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